



St.Gallen-Lake Constance region

Experiences with and without accommodation

In Eastern Switzerland, the St.Gallen-Lake Constance region awaits with a diverse range of activities no matter what you're interested in. A vibrant cultural scene, culinary highlights and an intact natural environment for outdoor activities and tours are what make this beautiful area between Lake Constance and the Appenzellerland so inviting.

Our experience packages for groups are just as diverse as the region itself. We would be happy to help you!

Your team at St.Gallen-Bodensee Tourism

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Accommodation

Wonderful overnight stays in the St.Gallen-Lake Constance region! A fairytale castle on Lake Constance, a hotel in the city for pilgrims or the best spa in the region. A wide variety of tasteful accommodation is available between Wil and Rüthi in the Rhine Valley.

The accommodation can be booked for one to three overnight stays with breakfast. The experience packages on the following pages can be individually combined.

Included services:

- ✓ Overnight stay with breakfast in a hotel of your choice

from **CHF 81.50**
 per person and night

Hotel category	Room type	Price per person		
		1 night	2 nights	3 nights
2-star hotel	Double room	CHF 81.50	CHF 163	CHF 244.50
	Single room	CHF 116.00	CHF 232	CHF 348.00
3-star hotel	Double room	CHF 91.50	CHF 183	CHF 274.50
	Single room	CHF 148.00	CHF 296	CHF 444.00
4-star hotel	Double room	CHF 111.50	CHF 223	CHF 334.50
	Single room	CHF 168.00	CHF 336	CHF 504.00



Guided tours in St.Gallen and Rorschach

Historical and picturesque cities and towns are scattered throughout the St.Gallen-Lake Constance region: the UNESCO World Cultural Heritage City St.Gallen, the town of Rorschach, with its Mediterranean flair, the picturesque town of Altstätten and the former abbots' town of Wil. In addition to the popular classic guided tours which include visits to the main attractions, we also offer a wide range of themed tours.

Included services:

- ✓ Professional tour guide
- ✓ Possible extras and surcharges

Duration: from 1 to 3 hours

Number of people: maximum 20

Languages: German, English (other languages on request)

from **CHF 200**
 per guided tour

With tour guide from 3 hours

Our tour guides are available year-round to show you our St.Gallen-Bodensee region. Ideal for company or club outings, we offer individual and diverse group tours.



Included services:

- ✓ Tour guide

Duration: 3 to 8 hours

Meeting point: St.Gallen Tourist Information

from **CHF 280**
 per person

Art & culture experiences

Abbey District of St.Gallen – timeless, unique, inspiring

The Abbey Library, the oldest library in Switzerland and one of the most beautiful in the world, together with the new exhibition hall and the renovated Lapidarium set the stage for a unique cultural experience in the Abbey District, the historic UNESCO World Cultural Heritage site. For the first time, you have the exclusive opportunity to view the original St.Gallen monastery plan from the 9th century – the world's oldest existing architectural drawing from the early Middle Ages – in the exhibition hall. The parchment is the earliest representation of a monastery district from the Middle Ages and is considered the oldest existing building plan in Europe.



Included services:

- ✓ Combined admission to the Abbey District
- ✓ Guided experience tour

Duration: 2 hours

Number of people: maximum 25

Languages: German & English
(other languages on request)

from **CHF 16**
admission per
person

from **CHF 220**
per guided tour

St.Gallen Textile Museum

In 1863, the Association of St.Gallen's Merchants began to collect pattern samples for local manufacturers which eventually led to the formation of the museum in 1878 as the collection grew. The Palazzo Rosso, which was built in 1886 as space grew short, has housed the museum and the library ever since. Exquisite fabrics and embroidery bring the fascinating world of textiles to life in the museum. As a special highlight, visitors can get a sneak peak of fabric creations that will be featured on international catwalks next season.



Included services:

- ✓ Admission to the Textile Museum
- ✓ Expert guided tour

Duration: approx. 1 hour

from **CHF 9**
per person

Textiland Classic Tour

Discover the rich textile heritage of Eastern Switzerland by vintage PostBus! The Textiland Classic Tour takes you from St.Gallen to Lake Constance. At the St.Gallen Textile Museum you will gain insight into Swiss textile production and see a collection of old weaving and embroidery machines at the Saurer Museum in Arbon. The boat will then take you to Rorschach to visit the art exhibition in the Forum Würth. The vintage PostBus takes you back to St.Gallen.



Included services:

- ✓ Round trip from St.Gallen
- ✓ Tour guide
- ✓ Various admissions to the museums
- ✓ Boat cruise from Arbon to Rorschach

from **CHF 1350**
per group

Duration: approx. 4.5 hours

Number of people: maximum 30

Languages: German (other languages on request)

Sewing workshop «Made by yourself»

You choose between a jacket and a T-shirt, and we cut the individual pieces of fabric for you. With the guidance and support of the budding garment designers, you then make your own individual piece. It may be plain, flowered or striped, or be decorated with lots of St.Gallen embroidery from our collection. Let your wishes run free, because we will be happy to help you create your dream garment, made by yourself and made in St.Gallen! No previous knowledge is required for the workshop.



Included services:

- ✓ Cut fabric parts
- ✓ St.Gallen embroidery for decoration
- ✓ Instruction and support from skilled garment designers

CHF 90
per person

Duration: 5 hours

Number of people: from 2 up to 5

Food & drink experiences

Culinary hike

This multifaceted culinary hike takes you from St.Gallen to the Rhine at the crossroads of four countries. Breathtaking views of Lake Constance await along with three culinary stops in first-class restaurants for hungry sightseers. After the first stage over flowering meadows and through shady forests, the Restaurant Bären serves a rich starter with local Gruber specialties. With new-found energy, you set off up to the Wirtschaft Rossbüchel restaurant and the observation deck with a panoramic view of five regions. Enjoy the regional delicacies and the spectacular view over Lake Constance and five regions.



Included services:

- ✓ Starter in the restaurant Bären
- ✓ Main course in the Wirtschaft Rossbüchel
- ✓ Dessert in the restaurant Steiniger Tisch

Duration: Hiking time approx. 5 hours /
 Total duration approx. 8 hours

Distance: approx. 17 kilometers

CHF 55
 per person

Culinary city stroll

One course in three different restaurants with creative and regional menus and a city tour to the highlights of St.Gallen: a culinary stroll through St.Gallen. The first course is served at the Restaurant Dreilinden near the Drei Weieren recreation area. Enjoy not only the delicious starter, but also the fantastic view over the city of St.Gallen that reaches all the way to Lake Constance. After a walk along the man-made Drei Weieren in the 17th century, you will be treated to a main course from the seasonal menu by the Restaurant Falkenburg. Back in the city centre, the Restaurant Brauwerk serves the crowning finale.



Included services:

- ✓ Starter in the restaurant Dreilinden
- ✓ Main course in the Restaurant Falkenburg
- ✓ Dessert in the Restaurant Brauwerk

Duration: 4 to 6 hours

CHF 75
 per person

Fondue backpack

How about some delicious cheese fondue at the Three Ponds? Or on the beautiful banks of Lake Constance in the harbour town of Rorschach? No matter whether it's summer or winter – the new fondue backpack with the traditional Swiss dish is ready to go.



Included services:

- ✓ Fondue mix
- ✓ Caquelon and Réchaud
- ✓ Bread
- ✓ White wine
- ✓ Tablecloth, forks and glasses

Duration: 2 to 3 hours

CHF 69
for 2 people

CHF 99
for 4 people

SMALLNIK

For an exquisite outdoor picnic, the city of St.Gallen offers countless possibilities: be it in the secluded city park, at the idyllic Three Ponds or at the Peter and Paul wildlife park. Experience picnicking in a whole new way with the SMALLNIK picnic: culinary delicacies from regional producers, combined with a hand-stitched BIGNIK picnic blanket.



Included services:

- ✓ Original hand-stitched BIGNIK blanket
- ✓ Picnic basket
- ✓ Regional specialties
- ✓ Plates, cutlery and glasses

Duration: 2 to 3 hours

CHF 29
for 2 people

CHF 52
for 4 people

Bratwurst tasting

When it comes to the sausage, the question of all questions is: who makes the best St.Gallen bratwurst? You are guided through the emotional theme of the best St.Gallen Bratwurst in a tasting seminar. You sample four different sausages, hear explanations of the subtle differences and decide which sausage deserves the title of the best St.Gallen Bratwurst. By the way: the bratwurst is eaten without mustard and only with a *bürli* (a kind of regional bread)!



Included services:

- ✓ Tasting of four different St.Gallen sausages
- ✓ Background information on production
- ✓ Tour guide

Duration: approx. 2.5 hours

Number of people: 10 to 20 people

Languages: German (other languages on request)

CHF 49
per person

Textilland-Menu

A culinary journey through textile history in a historic house in the middle of the monastery district of St.Gallen. With its romantic bay windows and tower rooms, it offers a wonderful atmosphere for your reunion. In the stylish Zollikoferstube, a journey through the textile history of the city of St.Gallen and its region is served at a beautiful table. Experience almost forgotten traditional products like the «blaue St.Galler Kartoffel», «Ribelmals» or «Vogelbeeren»



Included services:

- ✓ Menu
- ✓ Aperitif of your choice
- ✓ Wine

Duration: up to 5 hours

Number of people: 4 to 12 people

CHF 125
per person

Guided discovery tour in Maestrani's Chocolarium

Discover, be amazed and indulge is the motto of Maestrani's Chocolarium – the chocolate world of Maestrani. Immerse yourself in the world of chocolate in the chocolate factory where happiness is made. On the interactive experience tour with professional guide, you will unravel the mystery of why chocolate is the secret of true happiness. Nibbling encouraged.



Included services:

- ✓ Professional guides
- ✓ Insight into live production
- ✓ Tasting
- ✓ Meeting with the demo chocolatier

Duration: approx. 3 hours

Number of people: 15 to 30 people

Languages: German & English (other languages on request)

CHF 14
per person

St.Gallen FoodTrail

Try six delicious specialities and become acquainted with St.Gallen at the same time. FoodTrail, a culinary scavenger hunt through the city of St.Gallen. You solve a riddle to get to the first food station where the first St.Gallen speciality and the next riddle are already waiting. Partake of 6 regional specialities along the way. On the FoodTrail you can experience the city in a different way – typical St.Gallen specialities included.



Included services:

- ✓ 6 well-known specialities to eat and drink
- ✓ Exciting stories about the city

Duration: approx. 3.5 hours

Languages: German

CHF 54
per person

Wine tasting at Wein Berneck

During a tasting in the medieval vaulted cellar of Wein Berneck, wine lovers will learn exciting information about local grape varieties and vineyards from the expert winemaker. The rich variety of wines from the St.Gallen Rhine Valley becomes apparent no later than during tasting. The tasting is topped off by a mixed plate of cheese, sliced meat and salmon.



Included services:

- ✓ Welcome glass of wine
- ✓ Plant cultivation information
- ✓ Guided tour through the vaulted cellar
- ✓ 4 to 6 selected wines
- ✓ Mixed plate of niblets

Duration: approx. 3 hours

Number of people: 12 to 50 people

Languages: German & English (other languages on request)

CHF 48
per person

Sports & recreation experiences

Group tour with a mini e-bike

The golden age of embroidery at the end of the 19th century had a great influence on the development of St. Gallen. This fact is impressively demonstrated on the guided e-bike tour for groups through the city of St. Gallen. Well-known and, above all, unknown sights are discovered on the bicycle tour with stops rich in history. The guided and leisurely tour through the city of St. Gallen includes around eleven stops.



Included services:

- ✓ Guided bike tour
- ✓ Mini e-bike
- ✓ Baggage transport
- ✓ Rain protection in case of bad weather

Duration: 2.5 hours

Number of people: maximum 12

Languages: German (other languages on request)

CHF 30

bike rental per person

from **CHF 280**

per tour

Cruise on Lake Constance

An e-bike tour with electric minibikes, through the diversity of the region around Lake Constance! The tour starts in the idyllic harbor town of Rorschach and takes you past Lake Constance, through the Altenrhein nature reserve, along the Schlösserweg in Rorschacherberg with a breathtaking view of Lake Constance and finally past the two landmarks of Rorschach: the Badhütte and the Kornhaus.



Included services:

- ✓ E-bike
- ✓ Helmet
- ✓ Support along the way
- ✓ Rain protection in case of bad weather

Duration: 2 to 4 hours

Number of people: maximum 18

CHF 35

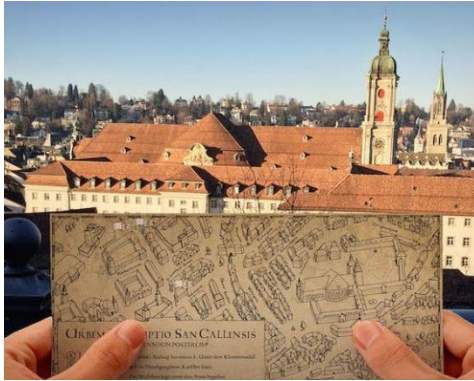
bike rental per person

form **CHF 330**

per group

Foxtrail – Play with the city

Crack codes, solve puzzles and sniff out the trail. Foxtrail transforms the city of St.Gallen into a playground for explorers. After starting at the St.Gallen train station, participants follow the fox's trail by deciphering fun and tricky clues to the final destination. The exciting chase takes your team past some of the unexplored corners of the town. A novel way to (re)discover a Swiss town or region.



Included services:

- ✓ Adventure Foxtrail Tour
- ✓ Public transportation

Duration: approx. 3 hours

from **CHF 32**
per person

Detective train: Treasure hunt through St.Gallen

An unforgettable brain-teaser for families, clubs, couples, schools and company outings! From the starting point you follow the route descriptions and solve tricky puzzles to go from station to station. Along the way, you, the detective, learn all kinds of interesting and exciting facts about St.Gallen. At the end of the trail, things get serious: is the code calculated from the trail correct and can the treasure chest be opened? Only then will all participants receive a prize.



Included services:

- ✓ Treasure map for the detective trail

Duration: approx. 2 hours

Language: German

CHF 9
per person

Mountain experience on the Säntis

The Säntis is nestled in one of the most beautiful natural settings in Europe and offers a breathtaking view at 2502 metres above sea level. From the summit of Mount Säntis, the expansive view extends across six regions. The possibilities around the Säntis and Schwägalp are as limitless as the panoramic view. Visitors can enjoy one of the most beautiful natural settings in Europe, year-round events and special trips, Appenzell customs and cultural highlights – this and so much more.



Included services:

- ✓ Travel up and down the mountain with the Säntis cable car

Duration: Half- or full-day excursion

from **CHF 27**
per person

Guided tour of the Hoher Kasten

Sweeping views of the surrounding six regions, a range of activities and culinary specialities in the revolving restaurant – this is what the Hoher Kasten excursion mountain in the St. Gallen Rhine Valley has to offer. The Hoher Kasten, at 1,794 metres above sea level with a 360-degree panoramic view, is the ideal starting point for your hiking tours and adventures in the Alpstein. The guided tour showcases the beauty of the Hoher Kasten accompanied by a local guide.



Included services:

- ✓ Travel up and down the mountain to Hoher Kasten
- ✓ Guided tour of the Hoher Kasten
- ✓ Interesting facts about the cable car, revolving restaurant and the Europa-Rundweg circular trail
- ✓ With panoramic views
- ✓ Information about Appenzellerland

Duration: approx. 40 minutes

Number of people: maximum 20

from **CHF 15**
with the cable car per
person

from **CHF 180**
per group

Guided tour through the Appenzeller show dairy

In the show dairy you can get to know and taste the Appenzellerland and its cheese world with all your senses. The Appenzell show dairy offers a journey of discovery of a special kind. From the art of cheese making to the vastness and beauty of the Appenzellerland. Here you can feel that tradition and customs are still lived. It is precisely this bond with their homeland that makes the people of Appenzell so unique.



Included services:

- ✓ Admission and guided tour

Duration: 1 hour

from **CHF 150**
per group